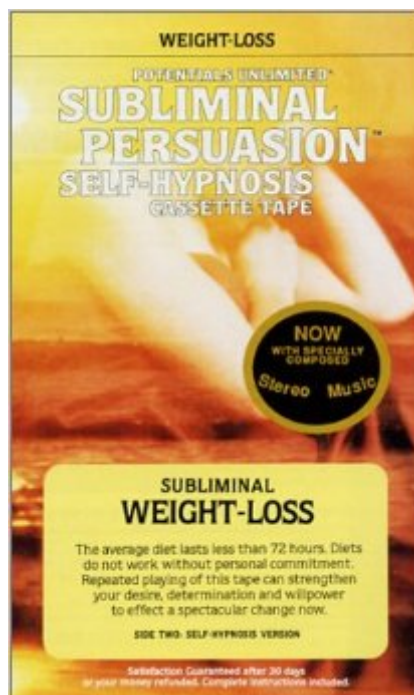


The book was found

Weight Loss: A Subliminal Persuasion Self Hypnosis



Synopsis

Losing weight through the power of your mind, truly your unlimited potential. Originally written and recorded by Barrie Konicov during the inception of Potentials Unlimited, hypnosis for Weight Loss has continued to be the #1 bestseller of all time. This Weight loss program will assist you to lose weight with hypnosis like few other programs can. Barrie's unique style and relaxing voice make his subliminal products the proven leader in the field of Weight Loss hypnotherapy. By strengthening your desire, determination and will-power through the use of hypnotherapy Weight Loss programs, you will improve more than just your weight. Your use of Barrie's Weight Loss program will improve your peace of mind, anxiety level and overall well being too. Listen to the Weight Loss recording as you are guided by Barrie to discover a new you.

Book Information

Audio Cassette

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Average Customer Review: 4.4 out of 5 starsÂ Â See all reviewsÂ (8 customer reviews)

Best Sellers Rank: #1,474,191 in Books (See Top 100 in Books) #24 inÂ Books > Health, Fitness & Dieting > Diets & Weight Loss > Hypnosis for Diets #870 inÂ Books > Self-Help > Hypnosis #7131 inÂ Books > Health, Fitness & Dieting > Diets & Weight Loss > Weight Loss

Customer Reviews

I was a sceptic until a fellow at a weight loss counselling group gave me this tape after I had complained that I couldn't control my eating binges. At first I noticed I slept much deeper and more restful. Then I started drinking mostly water and cut back on soft drinks and coffee. Pretty soon fast-food TV commercials didn't make me have cravings. I stopped binging. I started walking and exercising. I felt better about myself than I had in years! Not that I had lost so much weight, but mentally I was more positive. Throughout the years, whenever I felt I needed a deep sleep or a mental boost, I'd play the tape. Well, I moved out of the country and lost my tape! I just moved back and I'm so happy to see it available through ! I'm looking forward to hearing his soothing voice and seeing the "violet light" again!

While going through a divorce, I tried this. When I took a nap or at night, I'd play it in my bedroom. Not only did I lose 35 pounds over a period of time, I slept better after listening to it. It gives very commonsense advice, but the repetition really helped me. I was so pleased with it, I bought others by Konicov for everything from improving my bowling, to decision making, to adjusting to the divorce.

Having trouble just getting started? Too busy, too tired, too whatever? GET THIS TAPE! IT WORKS! I even had a hard time listening to it everyday as instructed and after three weeks I'm "automatically" WANTING to and DOING things that after two years is finally sending my weight down instead of up. Yeah, you still have to cut down on food and you do have to do some exercise, BUT IT DOESN'T HAVE TO BE HARD. I'm pleased with my purchase and will buy another one because I'm afraid my tape will wear out now. I'M LOSING WEIGHT! ME! I CAN'T BELIEVE IT!

I am amazed at the results I have had in the two weeks that I have been using this self-hypnosis/subliminal tape set. I have lost 8 pounds so far, and I also feel that my stress level has dropped significantly. I have tried every diet in the past that you can think of and I have even tried all kinds of prescription diet pills with little or no luck. This is great!

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HYPNOSIS FOR WEIGHT LOSS: SELF HYPNOSIS as you read (FREE Life Mastery Bonus Toolkit Included!) (Self Hypnosis As You Read, Self Hypnosis for Beginners, ... Weight Loss, Self Hypnosis Audio Book 3) Self Hypnosis for Beginners: The Ultimate Guide With Systematic Steps To Master Self Hypnosis (Self Hypnosis, Self hypnosis as you read, Self hypnosis diet) Self Hypnosis: The Ultimate Beginners Guide To Mastering Self Hypnosis In 7 Days (self hypnosis, self hypnosis diet, self hypnosis for dummies) Hypnosis: Self Hypnosis, NLP & Mind Control 6 Steps To End Depression, Anxiety & Stress FREE BONUS (Hypnosis, Mind Control, NLP, Self Hypnosis, Hypnosis ... Hypnotism, Self Hypnosis For Beginners) The Art of Persuasion for Mutual Benefit: The Win-Win Persuasion (persuasion techniques, influence people, psychology of persuasion) Weight Loss (Subliminal Persuasion Self-Hypnosis) Weight Loss: A Subliminal Persuasion Self Hypnosis Weight Loss: 20 Proven Smoothie Recipes For Weight Loss, Health, And Energy (Lose Weight Fast, Smoothies For Weight Loss, Smoothie Recipes, Lose Weight, ... Loss Smoothies, Weight Loss Motivation,) Weight Loss: 30 Days Weight Loss Challenge - Eat More Food Lose More Weight - Turn Your Weight Loss Vision Into Reality (How to Lose, Weight Loss Tips, Women, Weight Loss

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